

Service & Repair Labor Rates *

<p>(Stage 1 Service)</p>	<p>– all procedures included in a regular Tune up</p> <p>* only free with purchase of new bike</p>
<p>Clean & Lube (Stage 2 Service)</p>	<p><i>Recommended monthly</i> \$ 45.00</p> <ul style="list-style-type: none"> – check condition of cables – check trueness of wheels (radial and lateral) – lubricate clipless pedals (check condition of cleats) – check for play in bearings and adjust bearings, as ne – inspect frame and rims for cracks – clean & lube drivetrain – check air pressure in shocks – lubricate chain, derailleur pivot points and cables
<p>Tune up (Stage 3 Service)</p>	<p><i>Recommended quarterly</i> \$ 65.00</p> <ul style="list-style-type: none"> – true wheels (radial, lateral and dish) – lubricate clipless pedals (check condition of cleats) – clean & lube drivetrain – adjust bearings (as needed) – adjust brake pads (replace if necessary) – replace cables & housing (as needed) – check chain for wear (replace if = 1/8" stretch over – change oil in fork and check for bushing wear – tighten suspension pivots – check frame for cracks – clean bicycle thoroughly – check air pressure in shocks
<p>Complete Overhaul (Stage 4 Service)</p>	<p><i>Recommended yearly or as needed</i> \$ 125.00</p> <ul style="list-style-type: none"> – overhaul and replace all bearings – replace chain – replace cables & housing – change oil in fork, bushings and seals – disassemble & clean drivetrain – true wheels (radial, lateral, dish and tension) – regrease all nut and bolt fittings (replace if rusted) – remove brakes and lubricate pivotes (canti or LP) – change brake fluid

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Item # (SKU)	Item	Procedure	Price
SVC-006	Baby Seat	Install	\$ 20.00
SVC-007	Bar Ends/Grips	Install	\$ 8.00
SVC-008	Bicycle, Assemble/Disassemble	(from/to shipping)	\$ 45.00
SVC-002	Bicycle, Clean & Lube	(any bicycle)	\$ 45.00
SVC-003	Bicycle, Tune-up	(multi-speed)	\$ 65.00
SVC-009	Bicycle, Tune-up	(single-speed)	\$ 35.00
SVC-004	Bicycle, Complete Overhaul	(any bicycle)	\$ 125.00
SVC-010	Bicycle, Wash	(any bicycle)	\$ 25.00
SVC-011	Bottle Cage	Install	\$ 2.00
SVC-091	Bottle Cage	Install/Remove Rivet	\$ 20.00
SVC-012	Bottom Bracket	Adjust	\$ 15.00
SVC-013	Bottom Bracket	Overhaul (cup & cone)	\$ 25.00
SVC-014	Bottom Bracket	Replace (cartridge)	\$ 20.00
SVC-015	Brake	Adjust	\$ 15.00
SVC-016	Brake	Bleed	\$ 25.00
SVC-092	Brake	Fluid (add new) (per 1 oz)	\$ 2.50
SVC-017	Brake	Install Disc Brake	\$ 40.00
SVC-018	Brake	Install Linear/Canti	\$ 30.00
SVC-019	Brake Pads	Replace	\$ 15.00
SVC-020	Cables	Lube	\$ 5.00
SVC-021	Cables	Replace w/Housing	\$ 20.00
SVC-022	Cables	Replace Rotor/Gyro	\$ 20.00
SVC-023	Cassette	Install	\$ 10.00
SVC-024	Chain	Lube	\$ 5.00
SVC-025	Chain	Replace	\$ 10.00
SVC-026	Crankset (double)	Replace	\$ 20.00
SVC-027	Crankset (triple)	Replace	\$ 25.00
SVC-028	Computer (w/o cadence)	Install	\$ 15.00
SVC-029	Computer (with cadence)	Install	\$ 20.00
SVC-030	Derailleur	Adjust	\$ 10.00
SVC-031	Derailleur	Replace	\$ 20.00
SVC-032	Derailleur Hanger	Alignment	\$ 15.00
SVC-033	Drivetrain	Clean	\$ 30.00
SVC-034	Fenders	Install	\$ 15.00
SVC-094	Fitting	(if bike not purchased here)	\$ 30.00
SVC-035	Fork Check	Alignment	\$ 45.00
SVC-036	Fork Align	Dropouts	\$ 10.00
SVC-037	Fork	Replace	\$ 40.00
SVC-038	Fork, front	Replace Oil/Overhaul	\$ 50.00
SVC-039	Fork, rear	Replace Oil/Overhaul	\$ 30.00
SVC-040	Frame Align	Dropouts	\$ 10.00
SVC-041	Frame Align	Gear Hanger	\$ 12.00
SVC-042	Frame Check	Alignment	\$ 20.00
SVC-043	Frame	Chase/Tap Braze-ons	\$ 20.00

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Item # (SKU)	Item	Procedure	Price
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SVC-045	Frame	Chase/Face Bottom Bracket	\$ 45.00
SVC-046	Frame	Ream/Face Headtube	\$ 35.00
SVC-047	Frame, Custom	Assemble	\$ 180.00
SVC-048	Freewheel	Remove & Replace	\$ 10.00
SVC-049	Handlebar	Tape	\$ 15.00
SVC-050	Handlebar	Straighten	\$ 10.00
SVC-051	Handlebar, mountain	Cut Down	\$ 10.00
SVC-052	Handlebar, mountain	Replace	\$ 25.00
SVC-053	Handlebar, road	Replace	\$ 35.00
SVC-054	Headset	Overhaul	\$ 30.00
SVC-055	Headset	Replace	\$ 40.00
SVC-056	Headset	Adjust	\$ 8.00
SVC-057	Hub, 3 speed	Overhaul	\$ 40.00
SVC-058	Hub, coaster brake	Overhaul	\$ 30.00
SVC-059	Hub, front	Overhaul	\$ 15.00
SVC-060	Hub, rear	Overhaul	\$ 20.00
SVC-061	Hub, front	Adjust	\$ 10.00
SVC-062	Hub, rear	Adjust	\$ 15.00
SVC-063	Hub, front	Repack	\$ 20.00
SVC-064	Hub, rear	Repack	\$ 25.00
SVC-065	Hub, front/Disc	Repack	\$ 20.00
SVC-066	Hub, rear/Disc	Repack	\$ 25.00
SVC-067	Kickstand	Install	\$ 5.00
SVC-068	Mirror	Install	\$ 5.00
SVC-069	Pedals, pair	Overhaul	\$ 25.00
SVC-070	Pedals, pair	Install	\$ 5.00
SVC-071	Rack, front or rear	Install	\$ 15.00
SVC-072	Saddle	Install	\$ 10.00
SVC-073	Shifter	Service	\$ 10.00
SVC-074	Shifters	Replace (MTB)	\$ 30.00
SVC-075	Shifters	Replace (STI) each	\$ 30.00
SVC-076	Shock, rear	Replace	\$ 25.00
SVC-077	Stem	Install	\$ 20.00
SVC-078	Suspension	Set-up/Adjust	\$ 15.00
SVC-089	Tire/Tube	Patch (labor + 1 patch)	\$ 8.00
SVC-079	Tire/Tube, front	Replace	\$ 6.00
SVC-080	Tire/Tube, rear	Replace	\$ 7.00
SVC-081	Tire/Tube, off bike	Replace	\$ 5.00
SVC-082	Tire/Tubeless, front	Replace	\$ 12.00
SVC-083	Tire/Tubeless, rear	Replace	\$ 12.00
SVC-090	Tire/Tubular (per wheel)	Glue (tape)	\$ 20.00
SVC-084	Toe clips/Straps	Install	\$ 10.00
SVC-088	Toe clips/Straps	Remove	\$ 3.00
SVC-085	Training wheels	Install	\$ 10.00
SVC-096	Troubleshooting	Troubleshoot w/o Repair	\$ 20.00
SVC-086	Wheel	Build	\$ 60.00
SVC-087	Wheel	True/Replace Spoke w/ Tire Off	\$ 20.00
SVC-095	Wheel	True/Replace Spoke w/ Tire On	\$ 25.00

* Prices shown are labor rates only and exclude the cost of parts.

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<p>(Stage 1 Service)</p>	<p>– all procedures included in a regular Tune up</p> <p>* only free with purchase of new bike</p>	
<p>Clean & Lube (Stage 2 Service)</p>	<p><i>Recommended monthly</i></p> <ul style="list-style-type: none"> – check condition of cables – check trueness of wheels (radial and lateral) – lubricate clipless pedals (check condition of cleats) – check for play in bearings and adjust bearings, as ne – inspect frame and rims for cracks – clean & lube drivetrain – check air pressure in shocks – lubricate chain, derailleur pivot points and cables 	<p>\$ 45.00</p>
<p>Tune up (Stage 3 Service)</p>	<p><i>Recommended quarterly</i></p> <ul style="list-style-type: none"> – true wheels (radial, lateral and dish) – lubricate clipless pedals (check condition of cleats) – clean & lube drivetrain – adjust bearings (as needed) – adjust brake pads (replace if necessary) – replace cables & housing (as needed) – check chain for wear (replace if = 1/8" stretch over – change oil in fork and check for bushing wear – tighten suspension pivots – check frame for cracks – clean bicycle thoroughly – check air pressure in shocks 	<p>\$ 65.00</p>
<p>Complete Overhaul (Stage 4 Service)</p>	<p><i>Recommended yearly or as needed</i></p> <ul style="list-style-type: none"> – overhaul and replace all bearings – replace chain – replace cables & housing – change oil in fork, bushings and seals – disassemble & clean drivetrain – true wheels (radial, lateral, dish and tension) – regrease all nut and bolt fittings (replace if rusted) – remove brakes and lubricate pivotes (canti or LP) – change brake fluid 	<p>\$ 125.00</p>

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SVC-013	Bottom Bracket	Overhaul (cup & cone)	\$ 25.00
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SVC-030	Derailleur	Adjust	\$ 10.00
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